

Dear Valued Guests,

We care about your health, hygiene and safety in the SPA services we offer in our hotel. We try to offer you a peaceful, relaxing and enjoyable experience, while also aiming for other guests to benefit from this experience to the same extent. In this regard, we care about some sensitive issues to offer an unforgettable experience at Fit Life SPA & Wellness Center. We would like to thank you in advance for your due care on the matters we mention below to make your time in our SPA areas even more special.

- For hygienic and safe use, we recommend that you take a shower before entering the pool.
- Our adult pool serves as a mixed/family pool on special days and holidays such as religious and official holidays, New Year's, semester breaks, July 15, August 30, October 29, etc. We do not have another pool for adults during these holidays. Except for women-only areas, all our pools are mixed-use.
- We recommend that guests with infectious diseases, open wounds, heart diseases or high blood pressure, pregnant women and those who have consumed alcohol recently do not use the SPA areas.
- We kindly ask you to follow our rule that you should enter the SPA areas with a swimsuit. Unfortunately, we cannot accept guests in casual clothes and shoes in this area.
- We would like to remind you that you should wear appropriate sportswear when using the fitness areas, as we do not allow entry nude, in swimsuits or similar clothing.
- We do not allow entrance into the SPA with money, jewelry or mobile phones. We recommend that you keep your valuables in safes in the rooms or in coded/locked cabinets in the dressing rooms.
- We would like to remind you that, as per the PDPL rules, it is forbidden to record videos, photos within the SPA area and share them on social media.
- We kindly ask you not to talk loudly, play games or balls in the pool, use a pool bed, listen to music from your phone, jump into the pool, smoke, and eat/drink in a way that may disturb other guests while using the SPA.
- Shaving in the SPA or using shampoo in the jacuzzi is against the rules.
- Baby strollers are not accepted into the SPA area.
- We kindly ask our guests with babies to use swim diapers. We do not accept our little guests entering the pool naked or wearing normal diapers. We would like to remind you that these precautions in the pool are important for the hygienic use of other guests. We would like to remind you that if our little guests leak urine in the pool, the family will be responsible for the cleaning costs. (The cleaning fee is TL

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- 20,000 for the small pool and TL 50,000 for the large pool. During the cleaning process, the pool is emptied and remains out of service for at least 4 days.)
- Due to health rules, we cannot accept guests under the age of 16 into the adult pool, sauna, steam room and Fitness Center.
- We do not recommend that guests who have concerns about their health enter the SPA areas and Fitness Center. We would like to remind you that the hotel management will not be held responsible in this regard and that guests are deemed to have accepted this declaration for their usage.
- In order not to be affected by the crowds in the SPA area, we kindly ask you to make an appointment in advance for massage, scrub and facial care. We would like to remind you that, for cancellations 3 hours before the appointment, 50% of the fee will be charged to the room account. Customers who do not cancel or show up for their appointments are charged 100% of the fee.
- If you have any questions or problems, please contact the SPA reception.
- The hotel management may change the place and time of applications or the activities in the SPA without prior notice.

Thank you for your care and cooperation about the rules above for a pleasant and safe SPA experience.

















